

Worcestershire

Support Groups

Family Mediation Worcester Limited - Help for those involved in family breakdown to communicate and reach decisions about issues arising from separation or divorce. Cost dependent on personal circumstances.
01905 610925

Malvern Lesbian Group - An informal social group for lesbians living in and around Malvern. The group meets on the second Thursday of each month in a local pub. Other events such as meals out, local walks etc. are organised from time to time.
0772 289 6476 or www.malvernlg.org.uk

New Road Parents' Support Group - Provides confidential voluntary support to parents, carers and family members of LGBTQI people in and around Bromsgrove and Redditch.
Call Margaret on **07974 811443** or email newroadparents@gmail.com www.newroadparents.org
www.facebook.com/newroadparents Tweet #newroadparents

Worcestershire Transgender Family Support Group - A place for the whole family to gain support and share experiences with others. Meets on the 1st Tuesday of the month at Inspire Community Training, Winyates Craft Centre, Redditch. **01527 529265** or email karen.inspire@live.co.uk

Worcestershire Police LGB&T Hate Crime Forum - This forum monitors transphobic and homophobic crime and endeavours to ensure that victims of such hate crimes receive free and confidential advice, information, help, support and counselling. Meetings are held on the 3rd Tuesday of each month at different locations in Worcestershire.
999/112 for an emergency and 101 non-emergency

Regional

Birmingham LGBT Centre - Runs a bi-monthly trans youth group.
0121 643 0821 or www.blgbt.org

CW Friend - A voluntary organisation based in Coventry and giving information, support and friendship lesbians, bisexuals, gays and trans, their families and friends. Open evenings 7.30pm to 9.30pm Monday to Friday. A confidential helpline offering information, advice and support.
024 7671 4199 or www.cwfriend.co.uk

Gender Matters - Based in Wolverhampton and provide a comprehensive program of practical support counselling, advice and information for anyone with any questions or problems concerning their gender identity. **01902 744424** or info@gender-matters.org.uk

National

Families and Friends of Lesbians and Gays (FFLAG) - A national voluntary organisation and charity dedicated to supporting parents and their lesbian, gay, bisexual and Trans sons and daughters. **0845 652 0630** or www.fflag.org.uk

Gender Identity Research and Education Society (GIRES) - Volunteer operated membership charity whose purpose is to improve the lives of trans and gender non-conforming people, including those who are non-binary and non-gender. **01372 801554** or www.gires.org.uk

Gendered Intelligence - Work with the trans community and those who impact on trans lives; they particularly specialise in supporting young trans people under the age of 21.
0207 832 5848 or www.genderedintelligence.co.uk

Mermaids - A support group for gender variant children and teenagers and their family. Aim to support children and teenagers up to the age of 19, who are trying to cope with their own gender identity issues. **020 8123 4819 (Skype)** or www.mermaidsuk.org.uk

Worcestershire

Social Groups & Events

Kidderminster Trans Youth Group - KDYT provide youth activities for young people in Wyre Forest, we are small charity dedicated to supporting young people. **01562 228113 / 07482 207476** or email mbrooke@kdyt.org.uk www.kdyt.org.uk

LGBTQ Youth Group - Meet new people, learn new skills and have fun! For young people aged 12-16yrs, 11am-2pm on every second and fourth Saturday in the month at Inspire Community Training, Winyates Craft Centre, Redditch. **01527 529265** or email karen.inspire@live.co.uk or Facebook us at Hapi Futures LGBT Page.

Out2together - A social group for the LGBT+ community in Worcestershire. out2gether.worcs@gmail.com Find us on Facebook.

Worcestershire Pride - A group of LGBT+ Worcestershire residents, who believe in supporting, empowering and connecting the Lesbian, Gay, Bi, Pan, Ace/Aro, Trans and Non-binary community. www.worcestershirepride.org

Regional

Pink Sou'westers - An LGBT social group that organises affordable, accessible, inclusive, non-scene, out-of-town events and activities in and around Birmingham, which are open to all LGBTs regardless of age or area of residence. **07976 274271** or email swbgroup@blueyonder.co.uk

Rainbow Voices LGBT Choir - Is a Midlands based choir providing an opportunity for lesbian, gay, bisexual, trans people and their friends to meet together in a safe space and celebrate their diversity in song. Members are encouraged regardless of their previous musical and singing experience. **Carolyn on 07828 647384** or **Steve on 07813 025990** www.rainbow-voices.org.uk

Bootwomen - Organise walks all over the West Midlands, advertising on the extensive social network, GoGettingOut. **For more info email** gogettingout-subscribe@yahoogroups.co.uk

National

Gay Outdoor Club - Operates throughout Great Britain and provides a wide range of outdoor and indoor sports and recreational activities for gay, lesbian, bisexual and transgender men and women. www.goc.org.uk

Worcestershire

Family, Health & Wellbeing

Relate Worcestershire - Counselling services for people affected by relationship issues, sex problems or family difficulties. **01905 28051** or www.relate-worcestershire.org

NHS Sexual Health (Worcestershire) - A useful website of services and information including local clinics for advice and testing. www.knowyourstuff.nhs.uk/worcestershire

Worcestershire Fostering - In Worcestershire we view our foster carers as our most valuable resource and are proud that we can boast long-serving, committed foster carers and staff. We need people to come forward, who have a spare room, are determined, enjoy spending time with children and who are ready for a challenge. More and more LGBT people are making a positive choice to foster, including many who are single, or over 40.

Follow Andrew and Richard's journey through the fostering process at the following link: www.worcestershirefostering.co.uk/real-stories/our-fostering-journey

More details about fostering can be found at: Freephone: 0800 028 2158 www.worcestershirefostering.co.uk or email fostering@worcestershire.gov.uk

Regional

Birmingham LGBT Centre for Health & Wellbeing -

Services include one to one support, sexual health, older people's project, weight management, yoga, counselling, training and much more. **0121 643 1160** or www.birminghamlgbt.org.uk

**Family, Health
& Wellbeing
continued**

National

Brook Advisory Centre - 0121 643 5341, Helpline - 0800 0185023

Text Service - 07717 989023 or www.brook.org.uk

London Friend - LGBT health and wellbeing. www.Londonfriend.org.uk

Office@londonfriend.org.uk or **020 7833 1674**

NHS Choices - NHS Choices was launched in 2007 and is the official website of the National Health Service in England. There is lots of Information and advice including transgender health, sexual health, gender dysphoria. www.nhs.uk

NICE - There are many relevant current guidelines here from the official government body including all major health issues. www.nice.org.uk

Gender Identity Clinic (GIC) - For adults presenting with difficulties with their gender identity, the Tavistock and Portman NHS foundation Trust are the providers of the Gender Identity Clinic (GIC). <https://gic.nhs.uk>

Gender Identity Development Service (GIDS) - A highly specialised clinic for young people presenting with difficulties with their gender identity, commissioned by NHS England. <http://gids.nhs.uk>

Equality and Advisory Support Service - The Helpline advises and assists individuals on issues relating to equality and human rights.

0808 800 0082 or www.equalityadvisoryservice.com

Galop - An LGBT anti-violence charity, making life safe, just and fair for LGBT people. **020 7704 2040** or www.galop.org.uk

Stonewall - Support individuals and organisations to work out how they can make a difference for LGBT people at work, home and in their communities. **0207 593 1850** or www.stonewall.org.uk

True Vision - Gives information about hate crime or incidents and how to report it. www.report-it.org.uk/home

Report a hate crime - Crimes committed against someone because of their disability, gender-identity, race, religion or belief, or sexual orientation are hate crimes and should be reported to the police. **Call 999 if you're reporting a crime that's in progress or if someone is in immediate danger. If the crime isn't an emergency, call 101 or contact your local police.**

**Advice &
Support**

Diva Magazine - www.divamag.co.uk

Gay Star News - www.gaystarnews.com

Publications

This is not an exhaustive list and we cannot be held responsible for the level of service provided by the organisations listed. All details were correct at time of publication. (Dec 2017)